

# MENU

Semester 2



| Week 7           | 27/02                           | 28/02                            | 29/02                               | 1/03                            | 2/03                            |
|------------------|---------------------------------|----------------------------------|-------------------------------------|---------------------------------|---------------------------------|
| Starter Option 1 | Fresh Vegetables (Sticks)       | Fresh Vegetables (Sticks)        | Fresh Vegetables (Sticks)           | Fresh Vegetables (Sticks)       | Fresh Vegetables (Sticks)       |
| Starter Option 2 | Cauliflower Soup                | Spinach Soup                     | Pumpkin Soup                        | Vichyssoise                     | Mushroom Soup                   |
| MAIN COURSE      | Meat dish & garnish Option 1    | Sweet Turkey Casserole with Rice | Chicken Nuggets & Potato Mash       | Dutch Meatballs & Pasta         | Pizza & Chips                   |
|                  | Vegetarian Option 2             | Vegetarian Lasagna               | Steamed Vegetables & Baked Potatoes | Celeriac – Potato Gratin        | Vegetarian Pizza & Chips        |
| Dessert          | Yoghurt or Fresh fruits or Cake | Yoghurt or Fresh fruits or Cake  | Yoghurt or Fresh fruits or Cake     | Yoghurt or Fresh fruits or Cake | Yoghurt or Fresh fruits or Cake |
|                  | Juice                           | Juice                            | Juice                               | Juice                           | Juice                           |



*Bread and drink water will be available daily*  
 \* Portions depend on the age group

