

MENU



Semester 1	Week 2				
	12/09	13/09	14/09	15/09	16/09
Starter option 1	Fresh Vegetables (Sticks)	Fresh Vegetables (Sticks)	Fresh Vegetables (Sticks)	Fresh Vegetables (Sticks)	Fresh Vegetables (Sticks)
Starter option 2	Cream of cauliflower soup	Borsch	Cream of pumpkin soup	Vegetable soup	Chicken - vermicelli soup
Meat dish & garnish	Stir fried chicken with paprika & rice	Roast beef & warm potato salad	Plow	Spaghetti Bolognese	Choice of pizza & oven roasted potatoes
Vegetarian	Pumpkin & chickpea stew	Zucchini, tomato - mozzarella bake	Twice baked potatoes	Pasta & roast paprika with mozzarella	Vegetarian pizza & oven roasted potatoes
Dessert	Yoghurt or fresh fruits	Yoghurt or fresh fruits	Yoghurt or fresh fruits	Yoghurt or fresh fruits	Yoghurt or fresh fruits or cake

